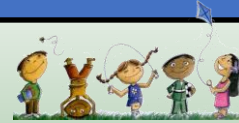




Please continue to read at home with your child every night. It really does make a big difference to their progress.



Our P.E. days are Wednesdays and Thursdays. Please ensure your child comes to school EVERY Tuesday in a full PE kit which includes a white t-shirt, hoodie, shorts or jogging bottoms and trainers/pumps.

## Year 1 Autumn 1 Newsletter

Dear Parents/ Carers,

Welcome to Year 1! We are so pleased to welcome the children into their new classes and excited to get to know our new families. In the first few weeks we will be getting used to class routines and talking about the events of the past few months.

In this newsletter, you can find lots of useful and important information that will help you to understand what we will be learning over this half term.

Keeping everyone happy and safe is a high priority for all of us. To help with this, we will be reminding the children to wash their hands regularly, and give each other space when we can



### Key Information & Reminders:

#### **Reading at home**

Children must bring their books into school every day so that they read with an adult at any time. We will ask the children to turn the pages themselves to minimise contact between staff and children. When books need changing, we have a 'book quarantine' system in place to ensure they are safe to be used by another child.

We appreciate that it is not always possible to read every night with your child but do ask that you make every effort to read at least 5 times per week with them and write a comment in their reading records. It really does make a big difference to their progress.



We are looking forward to another exciting term ahead and we hope that you are too!

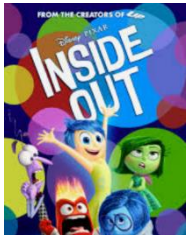
Miss Smith, Miss Bryan, Miss Downey, Miss Donnelly, Mrs Green & Mrs Moss



## English

### Inside Out

In English our main theme is the film Inside Out. We will use this film to explore feelings vocabulary and what happens when we experience these feelings. We will build upon the children's phonic knowledge and letter formation skills to provide a variety of writing opportunities.



## Maths

### Number and Place Value

This half term we will be focusing on number skills and building up the children's fluency in counting forwards and backwards. We will also be learning how to form numbers correctly as well as recalling number bonds to 5.

12345  
678910

## Science

### Understanding the World

In Science we will be continuing with Understanding the World. We will explore the world around us, making observations. We will be looking at similarities and differences of the environment.



## PSHE

### Inside Out

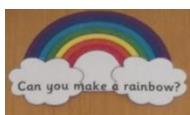
PSHE will also link to the film Inside Out. Children will learn what happens to their body when they feel different emotions and how they can regulate themselves when needed. We will also be exploring emotions linked to COVID 19, what happened and how we can stay safe.



**Year 1**  
**Autumn 1**  
**2020-2021**

## Rainbow challenges

Each week we will have a set of challenges for the children to complete independently. For each challenge the children complete they receive a coloured stick. There will be a reward at the end of the week for those who complete their rainbow!



## Art

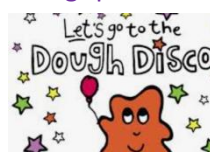
### Sunflowers

In Art this half term, we will be focusing on the work of Van Gogh. We will study his sunflower pictures and learn the techniques to create our own sunflower paintings.



## Fine Motor Control

To improve the children's fine motor control we will take part in daily activities to improve the muscles in your child's hand. These include dough disco, busy finger and pencil grip activities.



## Sensory Breaks

To help children settle into school we will offer sensory breaks. These can be completed at home too and range from Cosmo Yoga to relaxation and peer massage.

